



CREATIVE FRONTIERS SCHOOL JULY 2008

LUNCH, SNACK & ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Parents - we are now introducing new items to our menu in an effort to make a healthier difference for your child: More fresh fruits/veggies & more!</p>	<p>1 Fruit & Crackers</p> <p>CHEESE SANDWICHES with veggies & fruit</p> <p>Crackers / Peanut Butter</p>	<p>2 Granola Bars</p> <p>CHEF'S SALAD Ham/Turkey, Egg, Veggies & Fruit</p> <p>Graham Crackers/Juice</p>	<p>3 Fruit & Crackers</p> <p>HOT DOGS with chips, veggie & fruit</p> <p>Crackers/ Peanut Butter</p>	<p>4 SCHOOL HOLIDAY!</p> 
<p>7 Granola Bars</p> <p>CHEF'S SALAD Ham/Turkey, Egg, Veggies & Fruit</p> <p>Graham Crackers/Peanut Butter</p>	<p>8 Fruit & Crackers</p> <p>SPAGHETTI with French Bread & Salad</p> <p>Vanilla Wafers / Juice</p>	<p>9 Granola Bars</p> <p>PB & J SANDWICH with veggie/fruit</p> <p>Fruit Snacks/Crackers</p>	<p>10 Fruit & Crackers</p> <p>BEANS & FRANKS with veggie & fruit</p> <p>Crackers/Cheese</p>	<p>11 Fruit/String Cheese</p> <p>TORTILLA WRAP meat, cheese, lettuce & fruit</p> <p>Bake Sale or Optional</p>
<p>14 Granola Bars</p> <p>"PIZZA DILLA" pizza sauce, cheese, pineapple & salad</p> <p>Ritz Crackers/Cheese</p>	<p>15 Fruit & Crackers</p> <p>PB & J SANDWICH with veggie/fruit</p> <p>Vanilla Wafers / Juice</p>	<p>16 Granola Bars</p> <p>CHEF'S SALAD Turkey, egg, veggies & fruit</p> <p>Crackers/Peanut Butter</p>	<p>17 Fruit & Crackers</p> <p>CHILI MAC with veggies & fruit</p> <p>Crackers/ Peanut Butter</p>	<p>18 Fruit/String Cheese</p> <p>CHEESE SANDWICHES with Veggie & Fruit</p> <p>Bake Sale or Optional</p>
<p>21 Granola Bars</p> <p>HOT DOGS with chips, cole slaw & fruit</p> <p>Crackers/Peanut Butter</p>	<p>22 Fruit & Crackers</p> <p>KIDS ULTIMATE NACHOS! w/chili & cheese & veggie/fruit</p> <p>Crackers / Cheese</p>	<p>23 Granola Bars</p> <p>PB & J SANDWICH with veggie/fruit</p> <p>Crackers/Fruit Snacks</p>	<p>24 Fruit & Crackers</p> <p>BUTTONS & BOWS pasta, hot dogs, cheese with veggie/fruit</p> <p>Crackers/Cheese</p>	<p>25 Fruit/String Cheese</p> <p>CHEF'S SALAD Ham/Turkey, egg, veggies & fruit</p> <p>Bake Sale or Optional</p>
<p>28 Granola Bars</p> <p>TURKEY SAUSAGE & BREAKFAST WAFFLES! veggies & fruit</p> <p>Graham Crackers/Milk</p>	<p>29 Fruit & Crackers</p> <p>BOLOGNA & CHEESE Sandwiches with veggie/fruit</p> <p>Crackers /Cheese</p>	<p>30 Granola Bars</p> <p>BEANS & FRANKS!! with veggie & fruit</p> <p>Vanilla Wafers/Juice</p>	<p>31 Fruit & Crackers</p> <p>TORTILLA WRAP meat, cheese & lettuce</p> <p>Crackers/Peanut Butter</p>	<p>Please note all top lines are the morning snack. Middle Line is the Primary Lunch Item and the bottom line is their afternoon snack.</p>

Note: minimum lunch quantities: All lunches include at least A: 1-1/2 oz. meat, cheese or equivalent. B: 1/2 serving of bread or 1/4 cup pasta or bread alternative (i.e. biscuit, muffin). C: 1/2-3/4 cup of milk or juice & D: 1/2 cup fruit or vegetable. Morning & afternoon snacks consist of any 2 of the above 4 food groups.